



WESTERN MAINE ADDICTION
RECOVERY INITIATIVE

SUPPORTING EDUCATION, PREVENTION & RECOVERY

Please return application to: Western Maine Addiction Recovery Initiative, C/O
Healthy Oxford Hills, 181 Main St. Norway, ME 04268

Western Maine Addiction Recovery Initiative - Recovery Coach Academy Application :

Candidate Information:

Name:

Date of Birth:

Phone:

Email:

Street Address:

Address 2:

City:

State:

Zip Code:

Please complete all pages of the application, including reviewing and signing the Shared Agreements & Responsibilities.
A background check will be performed on all applicants.

Please return application to:
Western Maine Addiction Recovery Initiative
235 Main Street, Box #3
Norway, Me, 04268

Describe why you have chosen to take Recovery Coach training?:

Briefly describe your experience with Addiction Recovery. If relevant.

Explain why you or your organization are interested in Recovery Coach Training?

Explain how you or your organization plan to use Recovery Coach Training?

Office use only:

Training Start Date:

Training Site:

Training City:





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PROJECT
save ME

Western Maine Addiction Recovery Initiative

A NEW BEGINNING

Welcome to Project Save ME. We are glad you have chosen to be part of our coach network created by the Western Maine Addiction Recovery Initiative, our parent organization. Our primary purpose is to help people in Maine wanting to recover from Substance Use Disorder (SUD).

The coach network is set up with the intention to connect the newly recovering person to the recovery community and support networks throughout Maine. A recovery coach is a peer, meaning they have direct personal experience with recovery from SUD.

Our coaches go through an intensive training before becoming a Project Save ME Recovery Coach. Many of our coaches have sustained long-term recovery offering many years of experience without using drugs and/or alcohol.

The service of recovery coaching provided by Project Save ME is a short-term process meant to help open the door to what we hope will be an enriching and continuous life for you without substance use. Coaches serve as a personal guide and mentor in the beginning of recovery, suggesting strategies and resources to aid in managing the transformative nature of recovery and help to empower you to sustain the process.

We believe recovery is a lifelong personal journey requiring courage and commitment to live in new ways that strengthen, support and affirm wellbeing. Responsibility for personal recovery ultimately lies within each recovering individual. No one can do it for us. Being in recovery is a decision made by each individual. However, there are vast amounts of support and messengers of hope in our recovery networks and communities. Through the coach program you will come to know many options and solutions available to you in Maine.

Typically a recovering person will meet with a Recovery Coach to create a Recovery Wellness Plan and help find the initial resources and supports needed to get started. The Project Save ME Recovery Coach Program is completely confidential and offered at no charge to help educate and advocate for recovery from Substance Use Disorder. There is hope and help.



save

RECOVERY PLAN

WOMEN'S MENTAL HEALTH AND RECOVERY SERVICES

Recovery is a process that begins with the client's own desire to change and is supported by the client's own strengths and resources. Recovery is a process that is unique to each individual and is supported by the client's own strengths and resources.

The purpose of this recovery plan is to provide a framework for the client's recovery process. This plan is designed to be flexible and to be revised as the client's needs and goals change over time.

The recovery plan is a collaborative effort between the client and the service provider. The client is encouraged to actively participate in the development and implementation of this plan.

The recovery plan is a living document that is subject to change as the client's needs and goals evolve. The client is encouraged to communicate any changes to the service provider.

The recovery plan is a tool that is used to guide the client's recovery process. It is not a guarantee of success, but it is a roadmap that provides direction and support.

The recovery plan is a process that is ongoing and continuous. It is not a one-time event, but it is a journey that is supported by the client's own strengths and resources.

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in addition:

a) I understand that Coaches DO NOT provide transportation for Recoverees & will adhere to this

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b) As a Coach, I WILL NOT give out my personal information, except my phone number, to Recoverees while supporting them in my Coach role.

c) I understand I won't be assigned to coach a person who is a friend, family member or engaged in a 12-step sponsorship relationship.

Print Name:-----

Signature:___-____- Date:-----

Reviewed By:_____