

Help You Need To Beat Addiction.

The first step in breaking addiction is realizing that YOU control your own behavior.

What Is Addiction?

Addiction is a disease that affects your brain and your behavior. At first, you have control over your ability to use drugs. If you abuse any drug, their pleasurable effects eventually make you want to keep using them. Over time, your brain actually changes, so that you develop a powerful urge to use the drug.

What Are Opiates?

Opiates are a type of medicine often use to help relieve pain. They work by lowering the number of pain signals your body sends to your brain. They also work, in part, by changing how your body responds to pain. Doctors often prescribe

**Dream it.
Believe it.
Achieve it.**

opiates to relieve pain from toothaches, surgery, and other chronic conditions.

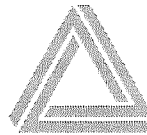
What Is The Difference Between Opiates And Opioids?

That is determined only by whether a substance is naturally occurring, or is manufactured. Heroin and opium are naturally occurring. Oxycodone, methadone, and Suboxone are not.

What Are The Symptoms Of Opiate Addiction?

The first step toward recovery is recognizing that you have a problem with opiates (or opioids). The symptoms of opiate abuse may be physical, behavioral, or psychological. Often they are all three.

If you are insured with MaineCare or are uninsured, we have you covered.

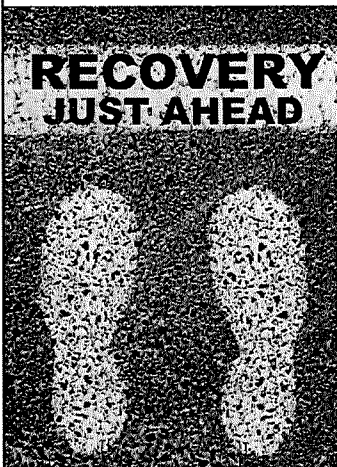


Addiction Specialists

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Your road to recovery



Who we see:

If you are addicted to drugs or alcohol. If you want to clean up your life. If you want to change your life for the better. And, if you need help doing this, we ARE the people you need!

Who we are:

We are a group of people who have gotten together to try to help. A doctor, several counselors, a peer recovery coach, a team leader, and a nurse. We work through specialized care that meets the individual's needs. We are not a "cookie cutter" office. We offer treatment with medication in conjunction with group and

individual counseling to treat the whole person.

There comes a time when what we are needs to become what we imagine ourselves to be. In this way, we become more compassionate and better able to understand the lives lost to this scourge.

Opiate and alcohol treatment begins with your understanding of why you are addicted, the responsibility you have in your own treatment, and the way you want to address this part of your life.

Why is counseling important in addiction treatment? Addiction is more than a physical dependence on drugs. Even

CHANGE
STARTS WITH YOU,
BUT IT DOESN'T START
UNTIL YOU DO.
-TOM ZIGLAR

after detox, when physical dependence has resolved, people are at high risk for relapse. Psychological and social factors are often powerful

"YOU
ARE ONLY
CONFINED
BY THE WALLS
YOU BUILD
YOURSELF"

stimulation for relapse - the friends you maintain, the people you hang out with, and even partners you may have, can all contribute.

We also require you to attend groups while you are in this program. It may be only once monthly, or as frequently as once per week, but this is an absolute requirement.

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