



WESTERN MAINE ADDICTION
RECOVERY INITIATIVE

SUPPORTING EDUCATION, PREVENTION & RECOVERY

Recovery Coach Training Application

Candidate Information

Name: _____ Date of birth: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone #: _____

Email: _____

If awarded a scholarship to attend this 30-hour class (ordinarily \$250), you will be required to volunteer for Project Save ME following your certification (at least 4 hours per month for 1 year). To be eligible for a scholarship, candidates agree to:

- Undergo a background check conducted by WMARI
- Review and sign the “Shared Agreements & Responsibilities” document, which outlines expectations as a volunteer for Project Save ME
- Participate in an interview

Applicants who pay for the training are not required to serve as volunteers or meet the eligibility requirements outlined above.

Please complete all pages of the application and return application to:

Western Maine Addiction Recovery Initiative
C/O Healthy Oxford Hills
181 Main St.
Norway, ME 04268

Describe why you have chosen to take Recovery Coach training and become a Recovery Coach:

Briefly describe your experience with Addiction Recovery, if relevant:

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Training Start Date:

Training Site:

Training City:

**RECOVERY COACH:
SHARED AGREEMENTS & RESPONSIBILITIES**

A Recovery Coach serves to connect the newly recovering person, or person struggling with recovery, to the recovery community and support networks. Coaches serve as a personal guide and mentor, suggesting strategies and resources to aid in managing the transformative nature of recovery and help to empower the recoveree to sustain the process.

**Applicants who are in recovery themselves need to have one year of sobriety to be eligible to coach with Project Save ME.*

As a Recovery Coach for Project Save ME I will respond to and agree with the following:

1. I agree to a 1-year commitment with a 4 hour/week minimum to Project Save ME.
2. I agree to attend 5 out of 6 bi-monthly Recovery Coach meetings, periodic evaluations & feedback.
3. I agree to hold the coaching relationship and what is shared to the highest ethical and confidential standards. The recoveree needs to trust in the coach and the process of recovery.
4. I understand that I will be called upon to support people who are on various pathways to recovery and I will respect this diversity as well as the expression of diverse points of view. I agree to respect all people in recovery equally.
5. I will strive to ensure people in recovery are treated with compassion, dignity and respect in their personal recovery process.
6. I am responsible for my boundaries and behavior as a Coach and I will behave in a way that protects civil, legal and ethical rights. Behavior that exploits or harasses in any way is not tolerated under any circumstances.
7. I will communicate any conflict of interest, real or perceived, to a coach supervisor, valuing professionalism and discretion.
8. In cases where health and safety of the recoveree, the Coach and any other person is threatened, the Coach is obligated to report circumstances to the Coach Supervisor unless urgent help is needed, in which case I will refer to the emergency contact sheet and take the action necessary.
9. I commit to the role of supporting people as a Recovery Coach. I am accountable to respond to the recoveree's needs as the Recovery Coach role defines and I am not responsible for the recoveree's actions or outcomes. Responsibility for personal recovery resides with the individual.
10. I agree to be both prompt and reliable always arriving ahead of the recoveree and to be prepared for my meetings.

11. I agree to support and encourage efforts and opportunities for the recoveree's physical, emotional, mental and spiritual growth.
12. I am responsible to work with each recoveree assigned to me to develop a recovery wellness plan based on their choices and to use this as a guide in our discussions.
13. I agree to have open and honest communication between myself and recoveree as well as my Project Save ME supervisors, and peer support group.

In addition:

- A. I understand that Coaches DO NOT provide transportation for recoverees & will adhere to this.
- B. As a Coach, I WILL NOT give out my personal information, except my phone number, to Recoverees while supporting them in my Coach role.
- C. I understand I won't be assigned to coach a person who is a friend, family member or engaged in a 12-step sponsorship relationship.

Print Name:

Signature:

Date:

For Internal Use Only

Reviewed By:

Reviewed On: